

Family Perspective by Bud Ozar

Jesus was exasperated when He scolded: "Why do you put Me to the test?" It is natural for children to test parents; this is how they learn and how we teach limits, rules, and values. Be like Jesus: He was firm, honest, and direct.

Five Cyber Tips for Teens

October is National Cybersecurity Month. This is a great time to encourage teens to take steps to better protect themselves and their devices. Here are five things they should do to start:

- Change their passwords. Remind them to change passwords often, making them easy to remember but not easy to guess, and to keep them private (no sharing with friends!).
- Edit privacy settings on all of their social media sites and apps so only people they have approved can see what they post.
- Check for software updates on their computers and mobile devices. If they're not using the most current version, they might be missing out on some important security fixes.
- Find the reporting features on the sites and apps they use so they know how to report spam and potential scams.
- Check their location settings on smart phones. They should turn off GPS for any apps that don't really need it.

Parenting Pointers by Susan Vogt

Consider all lives that are threatened or suffering in our society today no matter the age. What life issue is dearest to your heart: abortion, capital punishment, gun control, single mother support, poverty, ... ? Tell your child why. Can you take one action together such as read up on it, donate, write letters, take political action, pray, etc.?

All Souls Remembrance Service

Do you have the cremated remains of a loved one at home? Have you given thought to scattering the cremated remains in the ocean or mountains? Many people simply don't know what to do after an urn is returned to the family. As Catholics, we are committed to the reverence of the body and are now offering free placement of the cremated remains at Most Holy Redeemer Cemetery.

Our concern for the proper care and handling of cremated remains has led to this new program. We will celebrate the committal service from the Rite of Christian Burial and entomb the urns in the All Souls Crypt at no charge 2 pm on Friday, October 31. Please call 518.374.5319 by October 24 if you would like to participate in this service.

“To defend and promote life, to show reverence and love for it, is a task which God entrusts to every man”

~ Pope John Paul II

Retreats

Dominican Retreat Conference Center 518.393.4169

November 7-9: Men's Weekend Retreat ~ ***"All You Who Are Thirsty, Come to the Water"*** Join men in the area and enjoy conferences, worship, opportunity for private consultation. Come and escape from your daily routines for rest, quiet, learning, reflection, inner healing, prayer, ... AND free time.
~ Father Dan Nelson, OFM

December 5-7: Advent Silent Weekend for Women & Men ~ ***"Make Straight the Way of the Lord"*** Like John the Baptist we are called to bring to the attention of those we encounter the love of Christ and the Good News of salvation -- we will be reflecting on ways we can do this. ~ Bishop Emeritus Howard Hubbard.

Retreats begins 7:45 pm Friday ends Sunday after lunch.
~ \$195~