

# Fifth Sunday of Lent

March 22, 2015

---

*Please pray for those in special need of prayer:*

Dennis Sperico, Hitt Family, Mary Anne Falcone, Patricia Profeta, Don, Leonard Wein, Carmen, Raymond Bivens, Jr., Helen Pratti, Agnes Henry, Rose Gunderson, Ronnie Hunter, and Robert Bivens.

## Holy Week Ministries

Sign-up sheets for Holy Week are in the Church entrances. Parishioners' feet (six pair from each Church) are needed Holy Thursday.

## Holy Thursday Adoration

Adorers are needed for St. Peter's Holy Thursday Adoration, sign up in the entranceway.

## Palm Sunday Pancake Breakfast

There will be a Pancake Breakfast Palm Sunday in Father Willis Hall after the 11:15 Mass at St. John the Baptist. This breakfast will be hosted by the high school kids planning to attend the National Catholic Youth Rally in Indianapolis this coming November. These students are from St. Peter, St. John, and Holy Family Parish. Please come join us.

## Lenten Reconciliations

Upcoming Lenten reconciliations at St. Peter:

Communal on Wednesday, March 25, at 7 pm;

Individual on Thursday, March 26, at 7 pm.

## Rice Bowls

Rice Bowls checks are due by April 12~ count your Bowl, make a check out to your Church, put in envelope marked 'Rice Bowl,' and place in offertory basket (no cash please). Thank you for participating.

**Don't forget coffee hour after 9:30 Mass!**

## ✦ OFFERINGS ✦

	<u>Offertory</u>	<u>CRS</u>
St. John:	\$ 1,572	\$ 527
Holy Family:	191	68
St. Peter:	1,362	512

## Flower Sale

The high school students from St. John, St. Peter, and Holy Family will be having a plant sale from now through Easter.

## Keep It Simple IV

One Give-Up: Giving up something for Lent as been a part of the Church almost since the beginning. While giving up sweets and alcohol are time-honored, consider giving up something that you really like or enjoy. Just make sure it is something that lets you feel the deprivation and is at least a little bit challenging. Make it difficult *but* doable.

Possible areas:

- *fast from fault finding and nagging, and fast from a critical tongue or closed mind*
- *give up impulse purchases*
- *give up an unhealthy habit, like smoking*
- *limit the time you watch TV or surf the web*
- *give up fast food and donate the money you save*

## Fast & Abstinence

Ash Wednesday and Good Friday are days of fast and abstinence. As a sign of our penance, we preserve for the Diocese of Albany the custom of abstinence from meat on the Fridays of Lent. Abstinence binds all Catholics who are 14 years of age and older. Fasting binds all Catholics who are 18 years of age but not yet 59. Fasting refers to the quantity of food eaten. Traditionally, fasting calls for only one full meal per day. These are expressions of our desire to be converted in our hearts, to be reconciled with each other, and to love our neighbor.