

# Third Sunday of Lent

February 28, 2016

Reconciliation at St. John Saturday 3-3:30 pm.

## Stations of the Cross & Adoration

St. Peter's Faith Formation classes this Sunday the 28 will take place in the church. Parishioners and family members are invited to join us for Stations of the Cross and Adoration of the Blessed Sacrament led by Deacon Freeman.

## Lasagna Dinner

Our Knights of Columbus will be hosting a lasagna dinner on Sunday, March 13, after Mass at St. John in Father Willis Hall. Come enjoy a delicious home-cooked dinner with salad and beverage for \$7.50. Donated desserts would be appreciated!

## Lenten Presentations This Week

St. Mary's Church is offering several presentations this week:

- Lent, Life, & Mercy~ February 28 3 pm followed by pot luck dinner
- Lord, Teach Us to Pray~ Feb. 29, 10 am
- Supporting Persecuted Christians in the Holy Land~ Feb. 29, 7 pm, Mar. 1, 10 am
- Jesus, Friend of Sinners ~ March 2, 10 am and 7 pm
- Change: The Only Thing We Can Be Sure of and How to Deal with It ~ March 3, 10 am and 7 pm
- International Women's Day of Prayer~ March 4, 8 am to 8 pm

Stations of the Cross held every Friday during Lent~ 6 pm at St. Peter and St. John the Baptist and 3 pm at Holy Family.

## OFFERINGS

St. John: \$1,458  
Holy Family: 331  
St. Peter: 1,117

## Catholic Relief Services Appeal

The Catholic Relief Services collection next week supports six agencies that touch more than 100 million lives around our world providing food to the hungry, support to displaced refugees, and Christ's love and respect to all people.

## Family Ice Skating

On the 28<sup>th</sup> there will be Family Ice Skating beginning at noon at the Delhi rink. Skates are available free of charge.

## ☞ Humility ☞

It is the humble man whom God protects and liberates;

It is the humble whom He loves and consoles.

To the humble He turns and upon them bestows great grace, that after their humiliation He may raise them up to glory.

He reveals His secrets to the humble, and with kind invitation bids them come to Him.

Thus, the humble man enjoys peace in the midst of many vexations, because his trust is in God, not in the world.

Father Thomas A. Kempf

## Marriage Moments Susan Vogt

Ideally praying together daily is the way to go since there is a rhythm and regularity to it. You might decide to commit to weekdays since it is more predictable than the weekends. First thing in the morning with your coffee or tea (about 15 minutes before the first child is expected to awake) might work best for the both of you. God wants our attention not our guilt.

## Prayer

Prayer is a recognition that we need help to turn back to God. From daily Mass → the Rosary → centering prayer → Stations of the Cross → Eucharistic Adoration, the Church encourages a wealth of prayerful practices.

A very simple way to pray is to sit quietly for a moment before taking up one of the Gospels and slowly reading a passage that you like. Simply sit with the passage for a bit, savoring the Word, and allowing it to touch you. Read it again slowly, listen, and then respond to God.

## Best Lent Ever

Enjoy daily Lenten inspiration by signing up for emails based on Rediscover Jesus by Matthew Kelly at [DynamicCatholic.com](http://DynamicCatholic.com) /Lent.

*Loving Father, we know how utter  
is Your love for us. Reform us  
in our obedience to You.  
Make us eager to live according  
to Your will.*

## IGNITE 2016

Experience the power at the 8<sup>th</sup> annual IGNITE for Men, on Saturday, March 19, at Onondaga Community College! Great speakers to impact your life: Rudy Ruetiger, former Notre Dame football star; Randy Raus, CEO/Life Teen; Fr. Joe Freedy, Director/Vocations and former starting quarterback, University of Buffalo.

## Lent Mass Schedule

~ St. Peter ~

Saturday~ 5:30 pm

Sunday~ 9:30 am

Tuesday, Wednesday, Thursday, First Friday~ 8 am

~ Holy Family ~

Sunday~ 8 am

~ St. John ~

Saturday~ 4 pm

Sunday~ 11:15 am

Tuesday, Wednesday, Thursday, First Friday~ 9:30 am

Monday & Tuesday~ 7 pm

## Fast and Abstinence

As a sign of our penance, we preserve for the Diocese of Albany the custom of abstinence from meat on the Fridays of Lent. Abstinence binds all Catholics who are 14 years of age and older. Fasting binds all Catholics who are 18 years of age but not yet 59. Fasting refers to the quantity of food eaten. Traditionally, fasting calls for only one full meal per day.

By retaining these traditions for our Diocese, we do not intend that they be interpreted as laws binding under pain of sin, but as customs from which we will not hold ourselves lightly excused. They are expressions of our desire to be converted in our hearts, to be reconciled with each other, and to love our neighbor.