

Fifth Sunday of Lent ~ March 29, 2020

Please pray for the soul of James Tweedie.
May he rest in the peace of our Lord.

Most merciful and Triune God,
We come to You in our weakness.
We come to You in our fear.
We come to You with trust.
For You alone are our hope.

We place before You the virus present in our
world.

We turn to You in our time of need.
Bring wisdom to doctors.

Give understanding to scientists.
Endow caregivers with compassion and
generosity.

Bring healing to those who are ill.
Protect those who are most at risk.

Give comfort to those who have lost a loved one.
Welcome those who have died into
Your eternal home.

Stabilize our communities.
Unite us in our compassion.

Remove all fear from our hearts.
Fill us with confidence in Your care.

Jesus, I trust in You. Amen

Mass Available

Please don't forget Mass can be viewed on our
Diocesan website live each week: rcda.org. If
you have cable or satellite, Mass is also available
on the EWTN Channel.

LENT

*PRAY*FAST*GIVE*

Almsgiving provides assistance to the poor among
us and helps us recognize God as the true source of
our security. Property and wealth exercise less
control over us when we give away or share our
wealth out of love for God and for others. Almsgiving
is a way of bringing our relationship to others into the
orbit of Christ's love.

God's Grace

You will be able to "walk on water," even when
the seas of life are turbulent. Think about Saint
Peter, a simple fisherman walked on water. He
faltered only when he took his eyes off Jesus,
when he began to rely upon himself rather than
the Lord (Mt 14:22-33). Peter could walk on water
only because the One who called him, Jesus, was
Lord of the universe.

Jesus remains Lord of the universe. No worldly
suffering ... no virus, no health concerns, stock
market numbers, job loss ... nothing is outside
His loving providence. In such difficult times, we
need to remember that God's grace is always
present to sustain us and can even bring us
some blessings in the midst of our suffering.
Jesus said, "Ask and it will be given to you, seek
and you will find. Knock and the door will be
open to you." His promise and His grace are
certain—even in this uncertain time.

~ Michael. Heinlein

Parenting Pointers Susan Vogt

As a family, make a mini "pilgrimage" to
your space prepared for planting. Spend a few
moments quietly looking over the area. Imagine
what you might plant where and how it
might look as it grows. Then have your little
ones draw their ideas for plants while parents
and older children can plot on paper where
things will be planted. Allot two rows for some
special experiment seeds.

Resources

Educational Resources

Free educational resources for all grade levels are
available at: amazingeducationalresources.com.

MAGNIFICAT & MAGNIFIKID

Magnificat has generously offered their free on-
line resource for parishioners at this time at:

www.magnificat.com/free

Our Sunday Visitor

A new daily newsletter from OSV, meant to
help Catholics keep the Faith during this time, is
now available: <https://reply.osv.com/covid-19>.

Living Lent Daily

Loyola Press offers daily Lenten emails with
reflections on the scripture of the day along with
a three-minute retreat for contemplation and
other resources: yearinourchurch@loyolapress.com.

Daily CATHOLIC Wisdom

Ignatius Press and Saint Joseph Communica-
tions offer a quick daily reflection. Use for prayer,
meditation, and faith resources: yourfriends@catholicwisdom.org.

Keep the Lord's Day

Unite with Catholics throughout the world, and
the angels and saints in heaven, in the one,
unceasing liturgical prayer of the Church. Each
week you can find Sunday Morning Prayer from
the Liturgy of the Hours, along with step-by-step
guidance to help you learn to pray it effectively
with your family. You will also find an order of
the Sunday Mass Readings and Prayers to help
you keep the Lord's Day holy.

Sign up to get Sunday Prayer in your inbox each
week: Keepthelordsday.com.

No Masses, Faith Formation,
Adoration, Reconciliation, or
Stations of the Cross
are being held at this time.

Family Perspective Bud Ozar

Our families can become wrapped up chasing
things we perceive will make us happy. Jesus'
words to Lazarus, He says to us: "Come out"
from what entombs us. This Lent "untie" your-
self and be free from unnecessary possessions.

Prayer Changes Us

As long as our faith is focused on doctrines
"about" God and not on our experience "of" God,
our relationship with God runs the risk of being in
intellectual faith, which seldom sustain us for
long. Jesus shows us what it is like to relate to
God in a wholistic way - - not just good ideas, but
an intimate living with God, who is always
present not only in our churches but in our family
life, in our work, in our leisure, and in our prayer.

As Jeremiah the prophet warned so long ago,
we dare to make the journey to meet God only
because we have been called by Him into this
relationship, or "how else should one take the
deadly risk of approaching me? says the LORD."
(Jer 3:21) There is no way to meet God and every be
the same again. ~ Steven Mueller

Marriage Moments Susan Vogt

Praying together in five easy steps: 1.) One of
you find the scripture reading of the day; 2.) one
of you opens the prayer with a phrase like "Lord,
we come before You at the start of our day;" 3.) One
reads the scripture out loud; 4.) sit in silence for a
while (think about the scripture, the upcoming
day and how you will live it out, or perhaps put
some thoughts in a journal); and 5.) at the ap-
pointed ending time, each of you make a petition
flowing from your silent prayer.

Fast from discouragement; Feast on hope.

Fast from self-concern; Feast on compassion for others.

Fast from apparent darkness; Feast on the reality of light.