

Third Sunday of Easter ~ April 26, 2020

Please pray for the soul of Peter Sehen.
May he rest in the peace of the Lord.

God is in the midst of us, and
it seems that we do not
recognize Him.

He is in our neighbor and
desires to be served, loved,
and honored in Him and
He will reward us more than
if we served Him in person.

How do I behave
toward my neighbor?
How toward my brothers?

St. Claude de la Columbiere

Mass

- WatchtheMass.com
- [withyourspirit](http://withyourspirit.com) database
- Diocesan website, rcda.org
- EWTN channel (cable & satellite)

Offertory Inquiries

Your offertory can be either mailed
or dropped off at the office.
Recent tithes are greatly appreciated!

Currently no Masses,
Faith Formation, Reconciliation,
or Adoration are being held.

Emmaus and Us

We should put ourselves in the shoes of the disciples: downcast and confused, they are making their way down the road, unable to understand all the things that have occurred. They know what they have seen -- a prophet mighty in word and deed. They know what they were hoping for-- that He would be the redeemer of Israel. But they do not know what to make of His violent death at the hands of their rulers.

They cannot even recognize Jesus as He draws near to walk with them. He seems like just another foreigner visiting Jerusalem for the Passover. [Note that Jesus does not disclose His identity until they describe how they found His tomb empty but "Him they did not see."] That is how it is with us, too. Unless He revealed Himself we would see only an empty tomb and a meaningless death.

How does Jesus make Himself known at Emmaus? First, He interprets "all the Scriptures" as referring to Him. In the First Reading and Epistle, Peter also opens the Scriptures to proclaim the meaning of Christ's death according to the Father's "set plan" foreknown before the foundation of the world. Jesus is described as a new Moses and a new Passover lamb. He is the One of whom David sang in the Psalm whose soul was not abandoned to corruption but was shown the path of life.

After opening the Scriptures, Jesus at table takes bread, blesses it, breaks it, and gives it to the disciples -- exactly what He did at the Last Supper. In every Eucharist, we reenact that Easter Sunday at Emmaus. Jesus reveals Himself to us in our journey. He speaks to our hearts in the Scriptures then at the table of the altar, in the person of the priest, He breaks the bread. The disciples beg Him, "Stay with us." So He does. Though He has vanished from our sight, in the Eucharist, as at Emmaus, we know Him in the breaking of the bread. Dr. Scott Hahn

Parenting Pointers

Susan Vogt

Let your children know when you see them acting responsibly, taking initiative, or being helpful: use phrases like, 'I appreciate that' or just a simple 'Thank you.'

Marriage Moments

Susan Vogt

Take time each week to enjoy creation together. Take a hike, plant something, gaze at the moon and stars. Be creative together.

Prayer Suggestions

Sometimes it is just hard to pray! Maybe we feel discouraged or overwhelmed, and prayer may feel like just one more thing to do. Here are some simple ways that might help in those situations:

Pray a prayer you know by heart. Maybe you learned it long ago -- like the Our Father, or rosary, or a psalm.

Spend a few minutes doing some Intentional Breathing. Close your eyes. focus on your breath, and as you inhale say to yourself "Acceptance" and as you exhale, "Surrender."

Simply sit in your favorite chair with a cup of hot tea or coffee or hot chocolate. Just let yourself be there with no words, and let God love you! Dominican Retreat & Conference Center

Resources for Alzheimer's

During these difficult times, The Alzheimer's Association remains committed to offering support to those coping with Alzheimer's disease and related dementia. The Association (alz.org) is currently offering the following free services:

- 24 hour helpline: 800.272.3900
- phone care consultations: 607.282.3035
- virtual and telephone support groups @ alz.org
- telephone support groups: call in information to 312.984.7636, enter Conference Id: 08449#

May 8, 11 am -- Understanding Alzheimer's

May 13, 5:30 pm -- Understanding & Responding to Dementia-Related Behaviors

May 19, 2 pm -- Effective Communication Strategies

May 28, 4:30 pm -- Dementia Conversations

Strong in the Face of Tribulation

The Vatican offers a digital download with weekly updates on how to discern and experience God's closeness and tenderness in pain, in suffering, in solitude, and in fear.

The text is divided into three sections:

1.) prayers, rituals and supplications for difficult moments, 2) indications given by the Church to continue to live and to receive the grace of the Lord, the gift of forgiveness and the Eucharist, the power of the Easter liturgies, and 3.) words the Holy Father Francis has pronounced since March 9 in order to sustain the entire ecclesial community in this time of trial.

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Brick Program

Thank you for helping Catholic Charities keep people warm this past winter!

Catholic Charities of Delaware, Otsego, and Schoharie Counties would like to thank our community for helping us to keep individuals and families warm this past winter through their support of our fundraiser entitled, "Keeping Our Community Warm One Brick at a Time." We raised a total of \$3,100 because community members purchased paper bricks for our fireplace in our Oneonta office's Main Street window. A total of 84 bricks were sold. We would also like to thank our main sponsors for this event including Fidelis Care, Ed and Celeste Leone, and New York Central Mutual Insurance Company. This past winter we were able to assist 84 individuals with just over \$10,000 in financial assistance so they could heat their homes.

Another opportunity to support Catholic Charities is our annual pasta dinner. This year our agency's Pasta Dinner will be held on Thursday, September 24, from 5 to 7:30 pm at the Quality Inn. Look for tickets to be on sale this summer.

Family Perspective

Bud Ozar

The disciples were so "downcast" they did not recognize Jesus walking with them. We can be so overwhelmed with responsibilities that we don't see God with us. The Gospel tells us to STOP and OPEN our eyes to the blessings we are to one another.